

# Healers Do's and Don'ts

## PRAYER FOR SPIRITUAL HEALING

I ask the great unseen healing force  
to remove all obstructions  
from my mind and body  
and to restore me to perfect health.

I ask this in all sincerity and honesty  
and I will do my part.

I ask this great unseen healing force  
to help both present and absent ones  
who are in need of help  
and to restore them to perfect health.

I put my trust in the love and power of God.

A healer's guide for the highest and best...

National Spiritualist  
Association of Churches

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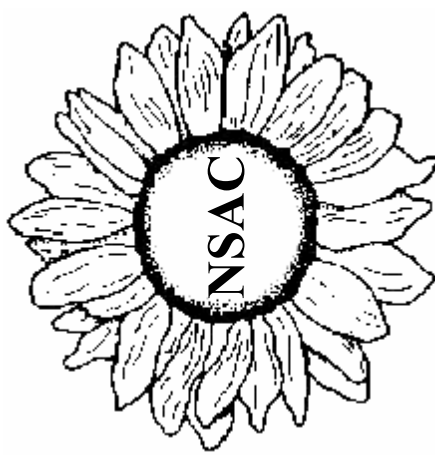
## CHILDREN'S PRAYER FOR SPIRITUAL HEALING

I ask God's Healing Power  
to make me whole and well.

I know that I work with God,  
through my thoughts and actions  
to make this happen.

I ask God's Healing Power  
to heal other people  
near and far away.

I trust that God  
will answer this healing prayer.



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“As the sunflower turns its face toward to the  
light of the sun, so Spiritualism turns the face of  
humanity toward the light of Truth.”

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A healer's guide for the highest and best...

### DEFINITION

A **Spiritualist Healer** is one who, either through one's own inherent powers or through Mediumship, is able to impart vital, curative force to pathologic conditions.

### DECLARATION OF PRINCIPLES CONCERNING HEALING

6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you, do ye also unto them.
7. We affirm the moral responsibility of individuals, and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any human soul here or hereafter.
9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.

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### HEALERS DO

- Do remember to prepare yourself to serve God, Spirit and others
- Do remember to attune yourself to the healing energies
- Do remember to put the sitter at ease, have them think love and beauty
- Do remember to learn the local ordinances
- Do remember to open with a silent prayer for the sitter's highest and best good
- Do remember to trust the Infinite and request Spirit to send what is needed
- Do remember you are a representative of Spiritualism and act with honor
- Do remember to break the vibration between sitters by rinsing or rubbing the hands
- Do remember to give a healing with love and compassion
- Do remember the polarity of the hands, right-positive, left-negative
- Do remember to thank God for the positive healing energy

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### HEALERS DON'T

- Don't prescribe or suggest
  - Don't manipulate or massage
  - Don't promise to cure all ailments or ills
  - Don't give messages while giving the healing as this breaks the sitters attunement
  - Don't talk or pray out loud during the treatment, this disturbs others
  - Don't wave your hands and arms about flamboyantly – this distracts
  - Don't give healing when sick with a cold or flu etc
  - Don't forget that all healing comes from God and you are the instrument
  - Don't ask questions about the condition, let your Spirit forces guide you
  - Don't forget to live your religion so that you are an example of health and peach
  - Don't forget you are not infallible and only God knows what is for a soul's highest and best good
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